

Hello Everyone!

We strive to have programs, outings, and trips for all to enjoy. We hope our services and events provide fitness, health, relaxation, fellowship and fun for everyone. We now offer inside Andalusia City limits transportation for the elderly to and from the Andalusia Adult Activity Center. For more information call 222-6891.

NEWSLETTER PRAYER

Heavenly Father, we come before You with hearts full of gratitude. Thank you for another day to wake up and celebrate life with our friends and family. Thank You for Your goodness and mercy. Thank You for Your love and the sacrifice of your only Son. Help us to lift up one another and be humble and kind. Encourage us in things that please you, defeat us in those things that are wrong. Please forgive us when we fail you. In Jesus name we pray. Amen

FOOD FOR THOUGHT - "The highest tribute to the dead is not grief but gratitude." - Thornton Wilder

The Activity Center closings for the Holidays:
Veterans Day – Wednesday, Nov. 11th, Thanksgiving - Nov. 26th & 27th, Christmas/New Year's Dec 24th thru January 3rd.



TRAVEL



Please park in the grass area, facing Walker Avenue, that is designated for travelers.

NOTICE - There will be no refunds for trips, unless we cancel the trip, or you have purchased the trip insurance.

Hawaii - final payment deadline is November 13, 2026.

Trains & Tunes, West Virginia – October 19 - 23, 2027. 5 days, 4 nights. Package includes 2 nights lodging in West Virginia, 2 nights stopover hotel accommodations, 4 breakfasts, 2 dinners including the Gandy Dancer Theater & Crandall Creek BBQ & Bluegrass Dinner Theater. **Enjoy the beautiful Fall colors aboard 2 exciting train adventures:** 2 hour ride on the Cass Whittaker railroad, all day ride on the Cass Greenbrier Express with lunch onboard, visit to the Rail & Trail Store, visit the Delmonte Market, Cass showcase tour with logging history, admission to the West Virginia Railroad Museum and all taxes & Meal Gratuities. Luggage handling, taxes and driver gratuities will be included. Bingo and prizes will also be included for your enjoyment. Deposit of \$250 is due upon reservation. Complete payment is due by **August 31, 2027**. Price is \$1,099.00 for DOUBLE & \$1,344.00 for SINGLE. See flier for insurance information, it must be purchased within 14 days of deposit.

Discover Canyon Country: April 5th– April 13th, 2028. Book now and save \$200 each: \$4,189 per person (double), \$5,279 (single), \$4,129 (triple). Price includes *flight *1 night lodging in Scottsdale, AR, *1 night lodging in Grand Canyon Area, *2 nights at Lake Powell Resort, *2 nights in Springdale, Utah, & *2 nights in Las Vegas, *6 breakfasts *2 lunches and *2 dinners. Highlights of trip: *Grand Canyon*Lake Powell*Rafting on Horseshoe Bend*Bryce Canyon National Park*Zion National Park*Las Vegas. A deposit of \$698 per person is due upon reservation before September 28, 2027. Final payment due by January 6th, 2028. Deposits are refundable up until October 5th, 2027. Not included in price: Cancellation Waiver/Insurance of \$469 per person, and must be paid day of deposit. See link <https://gateway.gocollette.com/link/1439542>.

Travel Club meeting October 14th at 1:30 p.m.

ONGOING ACTIVITIES

MONDAY

Toning Beds (Break Room)	8:00 - 9:00 a.m.
Rook (Multi-Purpose Room)	8:30 - 11:00 a.m.
Dominoes (Multi-Purpose Room)	9:00 - 11:00 a.m.
Bid Whist (Tops Room)	11:00 - 3:00 p.m.
Phase 10 (Multi-Purpose Room)	12:00 - 3:30 p.m.
Dominoes (Multi-Purpose Room)	12:30 - 3:30 p.m.

TUESDAY

Any type of Cards (Tops Room)	8:00 - 11:00 a.m.
50+ Exercise (Multi - Purp. Rm.)	9:00 - 9:30 a.m.
Cricut (Every 1st & 3rd Tuesday)	9:00 - 11:00 a.m.
Dominoes (Multi-Purpose Room)	9:00 - 11:00 a.m.
Canasta (Break Room)	10:00 - 3:30 p.m.
Canasta (TOPS Room)	11:30 - 3:30 p.m.
Crafts (Painting Room)	12:30 - 3:30 p.m.
Toning Beds (Break Room)	1:00 - 2:00 p.m.
Dominoes (Multi-Purpose)	1:00 - 3:30 p.m.
Scrapbooking (Oct.6 & 20, Nov. 3 & 17, December 1& 22)	1:00 - 3:30 p.m.
Line Dancing (Multi-Purpose Rm.)	4:00 - 6:00 pm.
Ceramic Night Class	5:00 - 8:00 p.m.

WEDNESDAY

Toning Beds (Break Room)	8:00 - 9:00 a.m.
50+ Exercise (Multi-Purpose Room)	9:00 - 9:30 a.m.
Dominoes (Multi-Purpose Room)	9:00 - 11:00 a.m.
Rook (Break Room)	9:00 - 11:00 a.m.
Ceramics (Ceramics Room)	9:30 - 11:30 a.m.
Canasta (TOPS Room)	1:30 - 3:30 p.m.
Sew & So Circle (Sewing Room)	12:30 - 3:30 p.m.
Dominoes (Multi-Purpose Room)	12:30 - 3:30 p.m.

THURSDAY

Painting Class (Structured)	8:30 - 11:30 a.m.
Dominoes (Multi-Purpose Room)	9:00 - 11:00 a.m.
Rook (Break Room)	9:00 - 12:00 p.m.
Dinner Dance (See Monthly)	10:30 - 2:30 p.m.
Painting Class (All mediums)	12:30 - 3:30 p.m.
Toning Beds (Except Dinner Dance)	1:00 - 2:00 p.m.
Dominoes Mexi. (Multi-Purp. Rm.)	1:00 - 3:30 p.m.
Line Dancing (Multi-Purpose Room)	5:00 - 7:00 p.m.

FRIDAY

Rook (Multi-Purpose Room)	8:30 - 11:00 a.m.
50+ Exercise (Multi-Purpose Room)	9:00 - 9:30 a.m.
Dominoes (Multi-Purpose Room)	10:00 - 11:00 a.m.
Canasta (Tops Room.)	12:00 - 3:30 p.m.
Dominoes (Multi-Purpose)	12:30 - 3:30 p.m.



OCTOBER



CRICUT MACHINE DESIGN CLASS: The first and third Tuesday, 9 to 11 a.m.

TUESDAYS CRAFT CLASS: 12:30 to 3:30 p.m. We will be making a decorative flower and lace wall décor'. All supplies will be provided and cost is \$10 per display.

SCRAPBOOKING CLASS: On Tuesdays from 1 to 3:30 p.m. on **October 6th & 20th**. Cost is \$5.00 per month. Scrapbook not provided.

CERAMIC CLASSES: 5 to 8 p.m. on Tuesday nights or Wednesdays from 9:30 to 11:30 a.m. Prices are marked on piece. Firing is an additional charge.

SEW & SEW CIRCLE: Wednesdays 12:30 to 3:30 p.m.

STRUCTURED PAINTING CLASS: 8:30 to 11:30 a.m. Join us in the Ceramic Room and paint your own Pumpkin and Christmas tree. Class is \$10 for both and supplies are furnished.

PAINTING CLASS (ALL MEDIUMS): Thursdays from 12:30 to 3:30 p.m. Bring your own supplies and ideas. Instructional fee is \$5. per class.

\$10 BBQ SACK LUNCH Come join us on Monday, **October 12th** We will be having a BBQ sack lunch for **\$10**. Lunch will include; Bingo, BBQ sandwich, chips, drink and dessert.. We will play from 10 until 11 a.m. break for lunch and then play from 12 – 1 p.m. - **Prepay in office by October 5th**.

BLUE ANGELS – Wednesday, October 14th. **Depart at 6:45 a.m.**

THURSDAY DINNER DANCE - **October 15th** Bring your favorite dish and join us. During this “**Team Day**” event, please show your team spirit by wearing the colors of your favorite football team.

BLUE ANGELS – **Tuesday, October 20th**. **Depart at 6:45 a.m.** You must wear shoes with an enclosed back and no weapons (firearms/knives). Persons with felony convictions cannot go due to authorization. Clear, hand size clutch purses only. This is a cashless venue you must have a credit/debit card. **Bring your star ID or passport.**

52 Ways to Hazard Proof Your Finances - **Wednesday, October 21st** from 12 to 1 pm. Jillian Strand with the co-operative extension will be giving this presentation. Free resources will be provided.

Scams & More - **Tuesday, October 27th** at 11:45 a.m. Chief Paul Hudson from the Andalusia Police Department will be speaking on the latest scams in our area.



DON'T FORGET - Set your clocks back one hour on **Saturday, November 1st** before you go to bed.

CRICUT MACHINE DESIGN CLASS: The first and third Tuesday, 9 to 11 a.m.

TUESDAYS CRAFT CLASS: 12:30 to 3:30 p.m. Painting/Stenciling a Christmas tree on a cloth wall hanger size is 14” x 44” and cost is \$20..

SCRAPBOOKING CLASS: On **Tuesdays** from **1:00 - 3:30 p.m.** on **November 3rd & 17th**. Cost is \$5.00 per month. Scrapbook not provided.

CERAMIC CLASSES: 5 to 8 p.m. on Tuesday nights or Wednesdays from 9:30 -11:30 a.m. Prices are marked on piece. Firing is an additional charge.

SEW & SEW CIRCLE: Wednesdays 12:30 to 3:30 p.m.

STRUCTURED PAINTING CLASS: 8:30 to 11:30 a.m. Join us painting a nativity scene on the sheet music to Away in a Manger. Class is \$10 for both projects and supplies are furnished.

PAINTING CLASS (ALL MEDIUMS): Thursdays from 12:30 to 3:30 p.m. Bring your own supplies and ideas. Instructional fee is \$5 per class.

MEDICARE OPEN ENROLLMENT - **Wednesday, November 18th 10 a.m. until 2 p.m.** SARCOA will be here to offer assistance with Medicare Open Enrollment. You **must pre register by September 30th**.

THANKSGIVING LUNCH - **Thurs., Nov. 19th**. Bring a covered dish & join us, for a wonderful day of Thanksgiving. We will honor our Mayor, City and County Officials at this luncheon. Come and show your appreciation for all they do. The music starts at 10:30 a.m. **Allow our elected officials to go first.**

BINGO - Come join us on Thursday, **November 12th** from 12:00 – 1:00 p.m.

FANTASY IN LIGHTS AT CALLAWAY GARDENS Monday, November 30th. Get in the Christmas spirit and enjoy 10 million Christmas lights. Cost is \$150.00 per person. This Charter bus trip will include, tour of lights, money for supper and hours of fun. Be here by 11:20 a.m. for roll call. We will be leaving as soon as everyone is loaded @ 11:30 a.m. **This is a Cashless venue – Credit/Debit card ONLY!**



CHRISTMAS PARADE - Thursday, December 3rd, 2026 at 7 p.m.

CANDYLAND - December 5th thru December 23rd.

CRICUT MACHINE DESIGN CLASS: The first and third Tuesday, 9 to 11 a.m.

TUESDAYS CRAFT CLASSES: 12:30 to 3:30 p.m. We will be making a tin can Christmas décor \$10.

SCRAPBOOKING CLASS: On **Tuesdays** from **1 to 3:30 p.m.** on **December 1st & 22nd**. Cost is \$5 per month. Scrapbook not provided.

CERAMIC CLASSES: 5 to 8 p.m. on Tuesday nights or Wednesdays from 9:30 to 11:30 a.m. Prices are marked on piece. Firing is an additional charge.

SEW & SEW CIRCLE: Wednesdays 12:30 to 3:30 p.m.

STRUCTURED PAINTING CLASS: 8:30 to 11:30 a.m. Join us painting a lizard and chameleon in water colors. Supplies are furnished. Class is \$10 for both.

PAINTING CLASS (ALL MEDIUMS): Thursdays from 12:30 to 3:30 p.m. Bring your own supplies and ideas. Instructional fee is \$5. per class.

DINNER THEATER - **December 10th “Evergreen ”** In the heart of winter, one man faces the loss of both his father and the Christmas tree farm that defines his town. When the bank sends an agent to take it away, she meets the warmth of the community. She finds herself caught in a story of legacy, healing, and hope. **Depart at 5 p.m. Cost is \$83.00. Deadline for payment is November 1st.**

CHRISTMAS LUNCHEON AND DANCE - will be **Thurs., Dec. 17th 10:30 a.m. to 2:30 p.m.** Join us for a festive Christmas celebration. Bring your favorite covered dish and dress in you Holiday attire. The music starts at **10:30 a.m.**



NUTRITION CENTER HOLIDAY CLOSINGS: Columbus Day – Monday, Oct. 12th, Veterans Day – Wednesday, Nov. 11th, Thanksgiving - Nov. 26th & 27th, Christmas/New Year’s from Dec. 24th thru January 3rd, 2027.

If you are part of our **Nutrition Program**, we invite you to come out and enjoy our monthly birthday cake compliments of **Pic - N - Save**. Dates for this quarter are **October 14th, November 4th, and December 9th**.