

Hello Everyone!

We strive to have programs, outings, and trips for all to enjoy. We hope our services and events provide fitness, health, relaxation, fellowship and fun for everyone. I am excited that we now have conversion vans that we can use to better serve our senior adults. We now offer inside City limit transportation for the elderly to and from the Andalusia Adult Center. For more information call 222-6891.

THOUGHT FOR THE DAY - What is Love to You?

Love is patient, love is kind, it does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs.

NEWSLETTER PRAYER

Heavenly Father, thank you for the daily blessings that are ours to receive. May we give You the glory in everything we do. May our actions be pleasing to You. Please guide, guard and direct our steps. Lord help us to be doers of your word and not hearers only. Forgive us when we fail you. We pray all these things in accordance with Your will, in Jesus name. Amen.

The Activity Center closings for the Holidays:

Veterans Day – Monday, Nov. 11th, Thanksgiving - Nov. 28th & 29th, Christmas/New Year's Dec. 24th - January 1, 2025.



Please park in the grass area, facing Walker Avenue, that is designated for travelers.

NOTICE - There will be no refunds for trips, unless we cancel the trip, or you have purchased the trip insurance.

Texas Adventure: May 27 - June 5, 2025 9 days – 8 nights \$1899 per person (double) - \$2,488 (single)

Package includes *3 nights lodging in Dallas *2 nights lodging in San Antonio *1 nights lodging in Houston *8 breakfasts *4 dinners, including dinner at Southfork Ranch & dinner at the New Orleans School of Cooking with cooking demo *Guided highlights tour of Dallas, including Old Red Courthouse, Dealy Plaza & JFK assassination site, JFK Memorial, Dallas City Hall, Dallas Heritage Village *Tour of the AT&T Stadium, home of the Dallas Cowboys *Sixth floor JFK Museum *Tour of Southfork Ranch (setting of TV show, Dallas) *Guided highlights tour of Fort Worth, including the Cultural District *Billy Bobs of Texas and the historic stockyards cattle drive *Stockyards Rodeo *visit to Magnolia Market at the Silos in Waco (Chip & Joanna Gaines) *San Antonio Riverwalk *San Antonio's Paseo del Rio River boat Cruise *Highlights tour of San Antonio, including the Alamo, Old Mission Trail, King William Historic District, Market Square & Governor's Palace *Tour of Space Center Houston *Free time in New Orleans' French Quarter *Souvenir gift *luggage handling *All taxes and meal gratuities *Motorcoach transportation. **This Texas Adventure includes Dallas, Fort Worth, San Antonio & Houston.** Insurance is available: Basic Plan (\$150) enhanced plan (\$199) & enhanced plan with cancel for any reason (\$303). **The deposit will be \$25.00 and insurance must be paid within 10 days of deposit. If you do not take insurance, the \$25.00 is non refundable. Deadline for deposits will be Monday, January 13, 2025. Final payment will be due on Monday, March 10, 2025.** Brochures are in the office. If you have any questions, please call 222-6891.

2026-Switzerland, Austria & Bavaria

, another one of our big adventures we will be heading to. **Look for more info in next newsletter.** We are also looking at **Pigeon Forge, TN, New Orleans, LA and Louisville, Ky.** For that same year.

Check out our **month by month area to see what one day trips are in store.** Have suggestions? You may drop them off in the office, in writing please.

ONGOING ACTIVITIES

MONDAY

Toning Beds (Break Room)	8:00 - 9:00 a.m.
Rook (Multi-Purpose Room)	8:30 - 11:00 a.m.
Dominoes (Multi-Purpose Room)	9:00 - 11:00 a.m.
Bid Whist (Tops Room)	11:00 - 3:00 p.m.
Phase 10 (Multi-Purpose Room)	12:00 - 3:30 p.m.
Dominoes (Multi-Purpose Room)	12:30 - 3:30 p.m.
Yoshukai Karate (Multi-Purp. Rm)	6:30 - 8:30 p.m.

TUESDAY

Any type of Cards (Tops Room)	8:00 - 11:00 a.m.
50+ Exercise (Multi - Purp. Rm.)	9:00 - 9:30 a.m.
Cricut (Every 1st & 3rd Thursday)	9:00 - 11:00 a.m.
Dominoes (Multi-Purpose Room)	9:00 - 11:00 a.m.
Canasta (Break Room)	10:00 - 3:30 p.m.
Canasta (TOPS Room)	11:30 - 3:30 p.m.
Crafts (Painting Room)	12:30 - 3:30 p.m.
Toning Beds (Break Room)	1:00 - 2:00 p.m.
Dominoes (Multi-Purpose)	1:00 - 3:30 p.m.
Line Dancing (Multi-Purpose Rm.)	5:00 - 7:00 p.m.
Ceramic Night Class	5:00 - 8:00 p.m.

WEDNESDAY

Toning Beds (Break Room)	8:00 - 9:00 a.m.
50+ Exercise (Multi-Purpose Room)	9:00 - 9:30 a.m.
Dominoes (Multi-Purpose Room)	9:00 - 11:00 a.m.
Rook (Break Room)	9:00 - 11:00 a.m.
Ceramics (Ceramics Room)	9:30 - 11:30 a.m.
Canasta (TOPS Room)	1:30 - 3:30 p.m.
Sew & So Circle (Sewing Room)	12:30 - 3:30 p.m.
Dominoes (Multi-Purpose Room)	12:30 - 3:30 p.m.
Yoshukai Karate (Multi-Purp. Rm)	6:30 - 8:30 p.m.

THURSDAY

Painting	8:30 - 11:30 a.m.
Dominoes (Multi-Purpose Room)	9:00 - 11:00 a.m.
Rook (Break Room)	9:00 - 12:00 a.m.
Dinner Dance (See Monthly)	10:30 - 2:30 p.m.
Toning Beds (Except Dinner Dance)	1:00 - 2:00 p.m.
Dominoes Mexi. (Multi-Purp. Rm.)	1:00 - 3:30 p.m.
Line Dancing (Multi-Purpose Room)	5:00 - 7:00 p.m.

FRIDAY

Rook (Multi-Purpose Room)	8:30 - 11:00 a.m.
50+ Exercise (Multi-Purpose Room)	9:00 - 9:30 a.m.
Dominoes (Multi-Purpose Room)	10:00 - 11:00 a.m.
Canasta (Tops Room.)	12:00 - 3:30 p.m.
Dominoes (Multi-Purpose Room)	12:30 - 3:30 p.m.



CRICUT MACHINE DESIGN CLASS - The first and third Tuesday, 9:00 - 11:00 a.m. We will be doing a pillow or shirt with a puff vinyl design. Class is \$5 and includes one sheet of vinyl.

TUESDAYS CRAFT CLASS - 12:30 - 3:30 We will be making Fall Gnome Door Hangers out of burlap. Price for this class will be \$8.

CERAMIC NIGHT CLASS - We now offer a night class for ceramics 5:00 - 8:00 p.m. on Tuesday nights. If you are coming for the first time, we ask that you call 222-6891 to check space availability.

PAINTING CLASS ON THURSDAYS - 8:30 - 11:30 a.m. We will be making a fall Jack-o-lantern stand, decorated with fall foliage. Price will be \$8.

THURSDAY DINNER DANCE - OCTOBER 17th
Bring your favorite dish and join us. During this "Team Day" event please show your team spirit by wearing the colors of your favorite team.

BREAST CANCER SPREAKER - Wed. October 23rd
at 11:30 a.m. We will have a speaker coming from Andalusia Health to talk about Breast Cancer and the importance of self checking.

THE TRAVEL CLUB MEETING - Wed., Oct. 23rd,
1:30 - 2:30 p.m. We will discuss upcoming trips for 2025 -2026.

BINGO - Come join us on Thursday, **October 24th** from 12:00 – 2:30 p.m. in the multipurpose room.

MEDICARE OPEN ENROLLMENT - Wednesday, October 30th 11:45 a.m. - 1:15 p.m. SARCOA will be here to offer assistance with Medicare Open Enrollment. You must call 222-4608 to pre register .

The City of Andalusia will observe *Trick or Treat Thursday, October 31st* from 5:30 until 8 p.m.



DON'T FORGET - Set your clocks back one hour on Saturday, November 2nd before you go to bed.

CRICUT MACHINE DESIGN CLASS - Come join us to make some ornaments for Christmas - **Tuesdays, 5th & 19th,** 9:00 - 11:00 a.m. We will be making a set of 3 ornaments. You will have several prints of fabric to choose from. Class will be \$5.00.

TUESDAYS CRAFT CLASS - 12:30 - 3:30 Join us in the Ceramic Room and paint your own Olaf Christmas picture on a thin board. Price will be \$13.00.

CERAMIC NIGHT CLASS - We now offer a night class for ceramics 5:00 - 8:00 p.m. on Tuesday nights. If you are coming for the first time ,we ask that you call 222 -6891 to check space availability.

PAINTING CLASS ON THURSDAYS - 8:30 - 11:30 a.m. We will be painting a Christmas ornament on 11x14 canvas. Price will be \$15.

THANKSGIVING LUNCH - will be held **Thurs., Nov. 21st**. Please bring a covered dish & join us, for a wonderful day of Thanksgiving and fellowship. We will honor our Mayor & City and County Officials at this luncheon. Please come and show your appreciation for all they do, lunch is served at noon. The music starts at **10:30 a.m.**

INTERNATIONAL FESTIVAL - Saturday, November 23rd. Mobile's longest running festival on the Gulf Coast, provides the atmosphere of world travel. You will meet people from over 70 countries face-to-face, hear different languages, sample some delicious food, and learn art, music and more. Be inspired by our beautiful world and its people. **Cost is \$25** and entry is included. **Pay by Nov. 12th**.



CHAMBER OF COMMERCE CHRISTMAS PARADE - Thursday, December 5, 2024 at 6 p.m.

CANDYLAND - Will be opening December 1st thru December 29th.

CRICUT MACHINE DESIGN CLASS - Hot Cocoa Jars - Tuesdays, 3rd & 17th, 9:00 - 11:00 a.m. Just Bring your Holiday Spirit, all supplies included. One Jar included in this class, \$7.00 per Jar.

TUESDAYS CRAFT CLASS - 12:30 - 3:30 p.m. Join us in the Ceramic Room, we will be painting a snow man with a red bird and pine berries on a piece of 10x11 wood. Price will be \$8.00.

CERAMIC NIGHT CLASS - We now offer a night class for ceramics 5:00 - 8:00 p.m. on Tuesday nights. If you are coming for the first time we ask that you call 222-6891 to check space availability.

PAINTING CLASS ON THURSDAYS - 8:30 - 11:30 a.m. We will be painting a "PRAY MORE WORRY LESS" Matthew 6:34 wooden sign. Price will be \$8.00.

RE - GIFT CHRISTMAS PARTY – Come bring finger food and party with us (No food furnished by Center) on **December 10th from 1:30 – 3:00 p.m.** and see what treasure you may unwrap. **If you would like to participate, here are the rules.** It must be a gift you have received and **never used.** **Turned in by November 28th** to the office with your name on it. **Do not wrap your gift and do not show it to anyone.**

CHRISTMAS LUNCHEON AND DANCE will be **Thurs., Dec. 19th 10:30 a.m. - 2:30 p.m.** Bring your favorite covered dish & be ready to party. The music starts at **10:30 a.m.** Dress in your Holiday attire and join us for a festive Christmas Celebration.

CHRISTMAS AT CLUB CREOLE - Thursday, December 19, 2024. Join us for a fictitious but magical nightclub in the French Quarter of New Orleans. This variety show will provide a window to a bygone era in "the Big Easy". Top notch entertainment, excellent food, and spontaneous thrills. **Cost is \$83.00. Deadline for payment is November 14th.**

DECEMBER 25th - Merry Christmas & Happy New Year to You and Yours from Amber, Debbie, Diane, Donna, Joanna, Katrina, Pam & Sonja.



NUTRITION CENTER HOLIDAY CLOSINGS:
Columbus Day – Oct. 14th, Veterans Day – Monday, Nov. 11th, Thanksgiving - Nov. 28th & 29th, Christmas/ New Year's from Dec. 24th through Jan. 1, 2025.

If you are part of our **Nutrition Program**, we invite you to come out and enjoy our monthly birthday cake compliments of Pic - N - Save. Dates for this quarter are **October 9th, November 13th, and December 11th.**

DON'T FORGET!! Medicare Open Enrollment October 30th 11:45a.m. - 1:15p.m. You must pre-register.

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